

Table 1. Types of Memory

I. Sensory Memory	Involves attention, alertness, arousal processes; visual, auditory, tactile, taste, olfactory stimuli, unconscious awareness
II. Working Memory	Involves encoding processes, temporary storage of limited capacity
III. Long-Term Memory	Involves retrieval processes, permanent storage of unlimited capacity
A. Declarative (Explicit)	Person's knowledge base, conscious awareness
1. Semantic	Knowledge of the world, facts, ideas
2. Episodic	Knowledge of personal experience (autobiographical)
B. Nondeclarative (Implicit)	Person's knowledge of skills and action patterns, unconscious awareness
1. Procedural	Sequenced motor tasks and perceptual tasks

Note: Adapted from Baddeley (1999), Sander et al. (2007), and Sohlberg and Mateer (2001).