Will not speak up if I don't understand

Knowledge about own HL
Feel uncomfortable
Others will think that I am "teacher’s pet"
Take advantage of academic assist
Build self-confidence
Discover who true friends are
Ask for 1:1 support

Meet with teacher 1:1
Meet with counselor
Ignore them
Kids make fun of me
Educate about HL
Walk away
Helpless
Talk to an adult
Ask for printout b-4 class

Don't want to admit that I need help
Move seat
Explain HL to a friend
Friends may not like me

Draw attention to self

= Problem
= Feelings
= Solutions