

THE DECIDE FRAMEWORK



DEFINE your clinical question (Step 1), gather evidence (Step 2), and appraise the evidence (Step 3): complete the first three steps of EBP.

ASK YOURSELF:

- Step 1: What is my Clinical Question?
- Step 2: Have I gathered internal and external evidence?
- Step 3: What have I learned from my client's internal evidence?
- What is the quality and strength of the external research evidence?

Related Resources: PICO printable PDF; Client baseline data/progress reports; Research printable PDF; Appraisal checklists

EXTRAPOLATE clinically applicable information from the external research evidence.

ASK YOURSELF:

- What is the main take away from the research evidence?
- Do the results of the external evidence tell me anything about the possible effects of the treatment or assessment approach?
- How does my internal evidence relate to the research?
- If the research is inconclusive or there is no research, have I considered research on similar populations or interventions?

Related Resources: Found within the results, discussion, and/or conclusion sections of any external research studies reviewed; Client case history or baseline data

CONSIDER your clinical expertise and the expertise of others.

ASK YOURSELF:

- What do subject matter or clinical experts recommend?
- What is my experience, knowledge, clinical, and cultural competence level for this population or intervention?
- Are there interprofessional practice considerations?
- Is this approach within scope of practice and ethical?

Related Resources: Guidelines; Position Statements; Cultural competence test; IPP/IPE resources; ASHA Scope of Practice; ASHA Code of Ethics; state/federal laws and regulations

INCORPORATE your client's perspectives and needs.

ASK YOURSELF:

- What are the needs and goals of my client?
- What are my client's priorities, preferences, and expectations?
- What is my client's cultural or linguistic background?
- Does my client have barriers or limitations to access services?

Related Resources: Client and/or caregiver interview; Case history

DEVELOP a treatment plan by bringing together the three components of EBP.

ASK YOURSELF:

- What is my plan: implement, adapt, or combine treatments?
- What is the timeframe for implementation?
- How will I measure the efficacy of my plan?
- Have I informed my client and set expectations?

Related Resources: Treatment materials/protocols; Calendar or Schedule; Data Sheet

EVALUATE your clinical decision.

ASK YOURSELF:

- Review new internal evidence – is my client progressing?
- Does this treatment plan still align with client needs?
- Do I have other questions or priorities for this client?

Related Resources: Progress reports; Multi-disciplinary team discussion; Client and/or caregiver interviews