

2026

ICD-10-CM Diagnosis Codes

RELATED TO SOCIAL DETERMINANTS
OF HEALTH



ASHA

Speech-Language Pathology

Dedicated to Advancing the Profession
of Speech-Language Pathology

General Information

The American Speech-Language-Hearing Association (ASHA) compiled this list of 2026 *International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM)* codes for audiologists and speech-language pathologists (SLPs) documenting social determinants of health (SDOH). This resource is a supplement to ASHA's ICD-10-CM diagnosis codes for audiologists and SLPs. **The 2026 ICD-10-CM is effective October 1, 2025.**

This resource only includes codes from section **Z55-Z65** (Persons with potential health hazards related to socioeconomic and psychosocial circumstances) of Chapter 21 (Factors influencing health status and contact with health services) of the ICD-10-CM code set. See ASHA's ICD-10-CM diagnosis code resources for other relevant codes in Chapter 21 and for diagnosis codes describing diseases and disorders.

Visit ASHA's coding and payment website for additional ICD-10-CM resources, including curated lists of ICD-10-CM diagnosis codes for audiologists and SLPs, at www.asha.org/Practice/reimbursement/coding/ICD-10/.

For additional information, contact ASHA's health care education and policy team at reimbursement@asha.org.

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ICD-10-CM Guidelines for Social Determinants of Health

The following guidelines are from the published *ICD-10-CM Official Guidelines for Coding and Reporting* (https://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2026/).

Social Determinants of Health

Social determinants of health (SDOH) codes—which describe social problems, conditions, or risk factors that influence a patient’s health—should be assigned when this information is documented in the patient’s medical record. Providers should assign as many SDOH codes as necessary to describe all of the social problems, conditions, or risk factors documented during the current episode of care.

For example, a patient who lives alone may suffer an acute injury that temporarily impacts their ability to perform routine activities of daily living. When documented as such, this would support assignment of code Z60.2, “Problems related to living alone.” However, merely living alone without documentation of a risk or unmet need for assistance at home would not support assignment of code Z60.2. Documentation by a clinician (or patient-reported information that is signed off by a clinician) that the patient expressed concerns with access and availability of food would support assignment of code Z59.41, “Food insecurity.” Similarly, medical record documentation indicating the patient is homeless would support assignment of a code from subcategory Z59.0-, “Homelessness.”

For SDOH classified to Chapter 21, such as information found in categories Z55-Z65—“Persons with potential health hazards related to socioeconomic and psychosocial circumstances”—code assignment may be based on medical record documentation from clinicians involved in the care of the patient who are not the patient’s provider, since this information represents social information rather than medical diagnoses. For example, coding professionals may utilize documentation of social information from social workers, community health workers, case managers, or nurses, if their documentation is included in the official medical record.

Patient self-reported documentation may be used to assign codes for SDOH, as long as the patient’s self-reported information is signed off on and incorporated into the medical record by either a clinician or a provider.

Documentation by Clinicians Other Than the Patient's Provider

Code assignment is based on the documentation by the patient's provider (i.e., physician or other qualified health care practitioner legally accountable for establishing the patient's diagnosis). There are a few exceptions when code assignment may be based on medical record documentation from clinicians who are not the patient’s provider (i.e., physician or other qualified health care practitioner legally accountable for establishing the patient’s diagnosis). In this context, “clinicians” other than the patient’s provider refer to health care professionals permitted, based on regulatory or accreditation ICD-10-CM Official Guidelines for Coding and requirements or internal hospital policies, to document in a patient’s official medical record.

These exceptions include codes for:

- Body mass index (BMI)
- Depth of nonpressure chronic ulcers
- Pressure ulcer stage
- Coma scale
- NIH stroke scale (NIHSS)
- **SDOH classified to Chapter 21**
- Laterality
- Blood alcohol level
- Underimmunization status

This information is typically, or may be, documented by other clinicians involved in the care of the patient (e.g., a dietitian often documents the BMI, a nurse often documents the pressure ulcer stages, and an emergency medical technician often documents the coma scale). However, the associated diagnosis (such as overweight, obesity, acute stroke, pressure ulcer, or a condition classifiable to category F10, “Alcohol related disorders”) must be documented by the patient’s provider. If there is conflicting medical record documentation, either from the same clinician or different clinicians, the patient’s provider should be queried for clarification.

The BMI, coma scale, NIHSS, blood alcohol level codes, **codes for SDOH**, and underimmunization status **should only be reported as secondary diagnoses**.

Official ICD-10-CM Resources

- National Center for Health Statistics: www.cdc.gov/nchs/icd/icd-10-cm/
- Centers for Medicare & Medicaid Services:
 - www.cms.gov/ICD10/
 - www.cms.gov/files/document/zcodes-infographic.pdf
- ICD-10-CM Official Guidelines for Coding and Reporting: https://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2026/
- ICD-10-CM Browser Tool: <https://icd10cmtool.cdc.gov/>

ASHA Resources

- Social Determinants of Health: www.asha.org/practice/social-determinants-of-health/
- ICD-10-CM Diagnosis Codes for Audiology and Speech-Language Pathology: www.asha.org/Practice/reimbursement/coding/ICD-10/
- ICD-10-CM Coding FAQs for Audiologists and SLPs: www.asha.org/Practice/reimbursement/coding/ICD-10-CM-Coding-FAQs-for-Audiologists-and-SLPs/

ICD-10-CM Tabular List of Codes

Related to Social Determinants of Health (SDOH)

Ch. 21: Factors influencing health status and contact with health services (Z00-Z99)

Note: Z codes represent reasons for encounters. A corresponding procedure code must accompany a Z code if a procedure is performed. Categories Z00-Z99 are provided for occasions when circumstances other than a disease, injury, or external cause classifiable to categories A00-Y89 are recorded as 'diagnoses' or 'problems'. This can arise in two main ways:

- a. When a person who may or may not be sick encounters the health services for some specific purpose, such as to receive limited care or service for a current condition, to donate an organ or tissue, to receive prophylactic vaccination (immunization), or to discuss a problem which is in itself not a disease or injury.
- b. When some circumstance or problem is present which influences the person's health status but is not in itself a current illness or injury.

ASHA Note: This resource only includes section Z55-Z65 for codes related to SDOH. For other codes in Chapter 21, see ASHA's ICD-10-CM diagnosis code lists for audiologists and SLPs at www.asha.org/Practice/reimbursement/coding/ICD-10/.

Facilities and payers may use these codes for population data collection, health equity tracking, or payment. Please check with your payer or facility regarding their use in documentation and on claims.

In this Section:

Z55: [Problems related to education and literacy](#)

Z56: [Problems related to employment and unemployment](#)

Z57: [Occupational exposure to risk factors](#)

Z58: [Problems related to physical environment](#)

Z59: [Problems related to housing and economic circumstances](#)

Z60: [Problems related to social environment](#)

Z62: [Problems related to upbringing](#)

Z63: [Other problems related to primary support group, including family circumstances](#)

Z64: [Problems related to certain psychosocial circumstances](#)

Z65: [Problems related to other psychosocial circumstances](#)

Persons with potential health hazards related to socioeconomic and psychosocial circumstances (Z55-Z65)

Z55 Problems related to education and literacy

Excludes1: disorders of psychological development (F80-F89)

Z55.0 Illiteracy and low-level literacy

Z55.1 Schooling unavailable and unattainable

- Z55.2** Failed school examinations
- Z55.3** Underachievement in school
- Z55.4** Educational maladjustment and discord with teachers and classmates
- Z55.5** Less than a high school diploma
No general equivalence degree (GED)
- Z55.6** Problems related to health literacy
Difficulty understanding health related information
Difficulty understanding medication instructions
Problems completing medical forms
- Z55.8** Other problems related to education and literacy
Problems related to inadequate teaching
- Z55.9** Problems related to education and literacy, unspecified
Academic problems NOS

Z56 Problems related to employment and unemployment

Excludes2: occupational exposure to risk factors (Z57.-)
problems related to housing and economic circumstances (Z59.-)

- Z56.0** Unemployment, unspecified
- Z56.1** Change of job
- Z56.2** Threat of job loss
- Z56.3** Stressful work schedule
- Z56.5** Uncongenial work environment
Difficult conditions at work
- Z56.6** Other physical and mental strain related to work
Workplace stress
- Z56.8** Other problems related to employment
 - Z56.81** Sexual harassment on the job
 - Z56.82** Military deployment status
Individual (civilian or military) currently deployed in theater or in support of
military war, peacekeeping and humanitarian operations
 - Z56.89** Other problems related to employment
Furloughed
Underemployed
- Z56.9** Unspecified problems related to employment
Occupational problems NOS

Z57 Occupational exposure to risk factors

- Z57.0** Occupational exposure to noise
- Z57.1** Occupational exposure to radiation
- Z57.2** Occupational exposure to dust
- Z57.3** Occupational exposure to other air contaminants
 - Z57.31** Occupational exposure to environmental tobacco smoke

Excludes2: exposure to environmental tobacco smoke (Z77.22)

Z57.39 Occupational exposure to other air contaminants

Z57.4 Occupational exposure to toxic agents in agriculture
Occupational exposure to solids, liquids, gases or vapors in agriculture

Z57.5 Occupational exposure to toxic agents in other industries
Occupational exposure to solids, liquids, gases or vapors in other industries

Z57.6 Occupational exposure to extreme temperature

Z57.7 Occupational exposure to vibration

Z57.8 Occupational exposure to other risk factors

Z57.9 Occupational exposure to unspecified risk factor

Z58 Problems related to physical environment

Exclude2: occupational exposure (Z57.-)

Z58.6 Inadequate drinking-water supply
Lack of safe drinking water

Excludes2: deprivation of water (T73.1)

Z58.8 Other problems related to physical environment

Z5.81 Basic services unavailable in physical environment
Unable to obtain internet services, due to unavailability in geographical area
Unable to obtain telephone service, due to unavailability in geographical area
Unable to obtain utilities, due to inadequate physical environment

Z58.89 Other problems related to physical environment

Z59 Problems related to housing and economic circumstances

Exclude2: problems related to upbringing (Z62.-)

Z59.0 Homelessness

Z59.00 Homelessness unspecified

Z59.01 Sheltered homelessness
Doubled up
Living in shelter such as: motel, scattered site housing, temporary or transitional living situation

Z59.02 Unsheltered homelessness
Residing in places not meant for human habitation such as: abandoned buildings, cars, parks, sidewalks
Residing on the street
Lives in a homeless encampment

Z59.1 Inadequate housing

Excludes2: problems related to the natural and physical environment (Z77.1-)

Z59.10 Inadequate housing, unspecified
Inadequate housing NOS

Z59.11 Inadequate housing environmental temperature
Lack of air conditioning
Lack of heating

- Z59.12** Inadequate housing utilities
 - Lack of electricity services
 - Lack of gas services
 - Lack of oil services
 - Lack of water services

Excludes2: basic services unavailable in physical environment (Z58.81)
 lack of adequate food (Z59.4)
 other problems related to housing and economic circumstances (Z59.8-)
 financial insecurity, difficulty paying for utilities (Z59.861)
- Z59.19** Other inadequate housing
 - Pest infestation
 - Restriction of space
 - Technical defects in home preventing adequate care
 - Unsatisfactory surroundings
 - Poor housing weatherization
- Z59.2** Discord with neighbors, lodgers and landlord
- Z59.3** Problems related to living in residential institution
 - Boarding-school resident

Excludes1: institutional upbringing (Z62.22)
- Z59.4** Lack of adequate food

Excludes2: deprivation of food (T73.0)
 effects of hunger (T73.0)
 inappropriate diet or eating habits (Z72.4)
 malnutrition (E40-E46)
- Z59.41** Food insecurity
- Z59.48** Other specified lack of adequate food
 - Inadequate food
 - Lack of food
- Z59.5** Extreme poverty
- Z59.6** Low income
- Z59.7** Insufficient social insurance and welfare support
 - Insufficient social and welfare insurance

Z59.71 Insufficient health insurance coverage

 - Inadequate social insurance
 - Insufficient social insurance
 - No health insurance coverage

Z59.72 Insufficient welfare support

 - Inadequate welfare support
- Z59.8** Other problems related to housing and economic circumstances
 - Z59.81** Housing instability, housed
 - Foreclosure on home loan
 - Past due on rent or mortgage
 - Unwanted multiple moves in the last 12 months

- Z59.811** Housing instability, housed, with risk of homelessness
Imminent risk of homelessness
- Z59.812** Housing instability, housed, homelessness in past 12 months
- Z59.819** Housing instability, housed unspecified

Excludes2: extreme poverty (Z59.5)
financial insecurity (Z59.86)
low income (Z59.6)
material hardship due to limited financial resources, not elsewhere classified(Z59.87)

- Z59.82** Transportation insecurity
Excessive transportation time
Inaccessible transportation
Inadequate transportation
Lack of transportation
Unaffordable transportation
Unreliable transportation
Unsafe transportation

Excludes2: unavailable and inaccessible of healthcare facilities (Z75.3)

- Z59.86** Financial insecurity
Burdensome debt
Economic strain
Financial strain
Money problems
Running out of money
Unable to make ends meet

Excludes2: extreme poverty (Z59.5)
low income (Z59.6)
material hardship, not elsewhere classified (Z59.87)

- Z59.87** Material hardship due to limited financial resources, not elsewhere classified
Material deprivation due to limited financial resources
Unable to obtain adequate childcare due to limited financial resources
Unable to obtain adequate clothing due to limited financial resources
Unable to obtain basic needs due to limited financial resources

Excludes2: extreme poverty (Z59.5)
financial insecurity, not elsewhere classified (Z59.86-)
low income (Z59.6)

- Z59.89** Other problems related to housing and economic circumstances
Foreclosure on a loan
Isolated dwelling
Problems with creditors

Z59.9 Problems related to housing and economic circumstances, unspecified

Z60 Problems related to social environment

- Z60.0** Problems of adjustment to life-cycle transitions
Empty nest syndrome
Phase of life problem

Problem with adjustment to retirement [pension]

Z60.2 Problems related to living alone

Z60.3 Acculturation difficulty

Problem with migration

Problem with social transplantation

Z60.4 Social exclusion and rejection

Exclusion and rejection on the basis of personal characteristics, such as unusual physical appearance, illness or behavior

Social isolation

Excludes1: target of adverse discrimination such as for racial or religious reasons (Z60.5)

Z60.5 Target of (perceived) adverse discrimination and persecution

Excludes1: social exclusion and rejection (Z60.4)

Z60.8 Other problems related to social environment

Inadequate social support

Lack of emotional support

Z60.9 Problems related to social environment, unspecified

Z62 Problems related to upbringing

Includes: current and past negative life events in childhood

Current and past problems of child related upbringing

Excludes2: maltreatment syndrome (T74.-)

Problems related to housing and economic circumstances (Z59.-)

Z62.0 Inadequate parental supervision and control

Z62.1 Parental overprotection

Z62.2 Upbringing away from parents

Excludes1: problems with boarding school (Z59.3)

Z62.21 Child in welfare custody

Child in foster care

Child in welfare guardianship

Z62.22 Institutional upbringing

Child living in group home

Child living in orphanage

Code also, if applicable, child in welfare custody (Z62.21)

Z62.23 Child in custody of non-parental relative

Child in care of non-parental family member

Child in custody of grandparent

Child in kinship care

Guardianship by non-parental relative

Code also, if applicable, child in welfare custody (Z62.21)

Z62.24 Child in custody of non-relative guardian

Code also, if applicable, child in welfare custody (Z62.21)

Z62.29 Other upbringing away from parents

Z62.3 Hostility towards and scapegoating of child

Z62.6 Inappropriate (excessive) parental pressure

Z62.8 Other specified problems related to upbringing

Code also, if applicable:

absence of family member (Z63.3-)

disappearance and death of family member (Z63.4)

disruption of family by separation and divorce (Z63.5)

other specified problems related to primary support group (Z63.8)

other stressful life events affecting family and household (Z63.7-)

Z62.81 Personal history of abuse in childhood

Personal history of abuse in adolescence

Z62.810 Personal history of physical and sexual abuse in childhood

Excludes1: current child physical abuse (T74.12, T76.12)

current child sexual abuse (T74.22, T76.22)

Z62.811 Personal history of psychological abuse in childhood

Excludes1: current child psychological abuse (T74.32, T76.32)

Z62.812 Personal history of neglect in childhood

Excludes1: current child neglect (T74.02, T76.02)

Z62.813 Personal history of forced labor or sexual exploitation in childhood

Z62.814 Personal history of child financial abuse

Excludes1: current child financial abuse (T74.A2)

Z62.815 Personal history of intimate partner abuse in childhood

Excludes2: adult and child abuse, neglect and other maltreatment, confirmed (T74.-)

Z62.819 Personal history of unspecified abuse in childhood

Excludes1: current child abuse NOS (T74.92, T76.92)

Z62.82 Parent-child conflict

Z62.820 Parent-biological child conflict

Parent-child problem NOS

Z62.821 Parent-adopted child conflict

Z62.822 Parent-foster child conflict

Z62.823 Parent-step child conflict

Z62.83 Non-parental relative or guardian-child conflict

Z62.831 Non-parental relative-child conflict

Grandparent-child conflict

Kinship-care child conflict

Non-parental relative legal guardian-child conflict

Other relative-child conflict

Excludes1: group home staff-child conflict (Z62.833)

Z62.832 Non-relative guardian-child conflict

Excludes1: group home staff-child conflict (Z62.833)

Z62.833 Group home staff-child conflict

Z62.89 Other specified problems related to upbringing

Z62.890 Parent-child estrangement NEC

Z62.891 Sibling rivalry

Z62.892 Runaway [from current living environment]
Child leaving living situation without permission

Z62.898 Other specified problems related to upbringing

Z62.9 Problems related to upbringing, unspecified

Z63 Other problems related to primary support group, including family circumstances

Excludes2: maltreatment syndrome (T74.-, T76)

parent-child problems (Z62.-)

problems related to negative life events in childhood (Z62.-)

problems related to upbringing (Z62.-)

Z63.0 Problems in relationship with spouse or partner

Relationship distress with spouse or intimate partner

Excludes1: counseling for spousal or partner abuse problems (Z69.1)
counseling related to sexual attitude, behavior, and orientation (Z70.-)

Z63.1 Problems in relationship with in-laws

Z63.3 Absence of family member

Excludes1: absence of family member due to disappearance and death (Z63.4)
absence of family member due to separation and divorce (Z63.5)

Z63.4 Disappearance and death of family member

Assumed death of family member

Bereavement

Z63.5 Disruption of family by separation and divorce

Marital estrangement

Z63.6 Dependent relative needing care at home

Z63.7 Other stressful life events affecting family and household

Z63.71 Stress on family due to return of family member from military deployment
Individual or family affected by family member having returned from military
deployment (current or past conflict)

Z63.72 Alcoholism and drug addiction in family

Z63.79 Other stressful life events affecting family and household

Anxiety (normal) about sick person in family

Health problems within family

Ill or disturbed family member

Isolated family

Z63.8 Other specified problems related to primary support group

Family discord NOS

Family estrangement NOS
High expressed emotional level within family
Inadequate family support NOS
Inadequate or distorted communication with family

Z63.9 Problems related to primary support group, unspecified
Relationship disorder NOS

Z64 Problems related to certain psychosocial circumstances

Z64.0 Problems related to unwanted pregnancy

Z64.1 Problems related to multiparity

Z64.4 Discord with counselors
Discord with probation officer
Discord with social worker

Z65 Problems related to other psychosocial circumstances

Z65.0 Conviction in civil and criminal proceedings without imprisonment

Z65.1 Imprisonment and other incarceration

Z65.2 Problems related to release from prison

Z65.3 Problems related to other legal circumstances
Arrest
Child custody or support proceedings
Litigation
Prosecution

Z65.4 Victim of crime and terrorism
Victim of torture

Z65.5 Exposure to disaster, war and other hostilities

Excludes1: target of perceived discrimination or persecution (Z60.5)

Z65.8 Other specified problems related to psychosocial circumstances
At risk for feeling loneliness
Religious and spiritual problems

Z65.9 Problem related to unspecified psychosocial circumstances