

Name: \_\_\_\_\_

Date: \_\_\_\_\_



## World Hearing Day Activity: Fill-in-the-Blank



### Directions

Fill in the blank in each sentence with the correct word from the word bank below. Read each sentence carefully to learn about safe listening and how to protect your hearing.

protect    sound    quiet    listen    ears    safe  
health    volume    hearing    noise

1. Your \_\_\_\_\_ help you hear all the sounds around you.
2. \_\_\_\_\_ connects us to our friends, family, and environment.
3. Loud \_\_\_\_\_ can hurt your ears and permanently change how well you hear.
4. When things get too loud, find a \_\_\_\_\_ place to give your ears a break.
5. When you wear earbuds or headphones, it's best to \_\_\_\_\_ at a volume of 50% or less.
6. Turning down the \_\_\_\_\_ on your music keeps your ears healthy.
7. It is smart to \_\_\_\_\_ your ears with earplugs when you are around loud sounds.
8. Keeping your ears \_\_\_\_\_ is part of taking care of your whole body.
9. Spending a lot of time in loud places is not good for your \_\_\_\_\_.
10. Your \_\_\_\_\_ is important for learning and having fun every day.