

Safe Listening Pledge Introduction

You can use or modify the following script to introduce the safe listening pledge:

Did you know that loud sounds can hurt your ears? When sounds are too loud, they can damage tiny parts inside your ear that help you hear. This damage can't be fixed, so it's important to protect your hearing now. Safe listening means keeping the volume at a comfortable level, taking breaks from noisy places, and using headphones wisely. By listening safely, you're making sure your ears stay healthy for learning, listening to music, playing with friends, and hearing all the sounds you love.