## Better Health Starts With Effective Communication

**Communication access** ensures that individuals with communication disabilities can fully participate in and benefit from health services and programs. By improving access, you can **enhance health outcomes, reduce costs,** and **promote equitable care.** 

## HOW CAN YOU HELP?

Start with **ACCESS** for more effective communication and better health outcomes.



**Ask** about communication preferences, strategies, and accommodations <u>before</u> care begins.



**Communicate directly** with the person unless specified otherwise.



**Confirm** understanding of information given and received.



**Eliminate** environmental distractions—and give your full attention.

**Slow down** to allow time for processing information and responding.



**Support** interactions using different communication methods–like gestures, writing, drawing, pictures, communication boards, videos, or assistive technology.







Learn more about communication access and how audiologists and speech-language pathologists can help. Visit **on.asha.org/ACCESS**