

Name: _____

Date: _____



Safe Listening Activity: Safe Listening Pledge



Your ears are amazing, and they're the only ears you'll ever have! Repeat the safe listening pledge below.

I pledge to keep my ears okay,
By listening safely every day.
I'll turn it down, not make it loud,
Protect my hearing and feel proud.
I'll take a break when sounds don't stop,
Because healthy ears mean I'm on top!
I'll care for my ears, they're part of me,
So I can listen happily!