

Name: _____

Date: _____



Safe Listening Activity: Fill-in-the-Blank



Directions

Fill in the blank in each sentence with the correct word from the word bank below. Read each sentence carefully to learn about safe listening and how to protect your hearing.

protect sound quiet listen ears safe
health volume hearing noise

1. Your _____ help you hear all the sounds around you.
2. _____ connects us to our friends, family, and environment.
3. Loud _____ can hurt your ears and permanently change how well you hear.
4. When things get too loud, find a _____ place to give your ears a break.
5. When you wear earbuds or headphones, it's best to _____ at a volume of 50% or less.
6. Turning down the _____ on your music keeps your ears healthy.
7. It is smart to _____ your ears with earplugs when you are around loud sounds.
8. Keeping your ears _____ is part of taking care of your whole body.
9. Spending a lot of time in loud places is not good for your _____.
10. Your _____ is important for learning and having fun every day.

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protect sound quiet listen ears safe
health volume hearing noise

1. Your ears help you hear all the sounds around you.
2. Sound connects us to our friends, family, and environment.
3. Loud noise can hurt your ears and permanently change how well you hear.
4. When things get too loud, find a quiet place to give your ears a break.
5. When you wear earbuds or headphones, it's best to listen at a volume of 50% or less.
6. Turning down the volume on your music keeps your ears healthy.
7. It is smart to protect your ears with ear plugs when you are around loud sounds.
8. Keeping your ears safe is part of taking care of your whole body.
9. Spending a lot of time in loud places is not good for your health.
10. Your hearing is important for learning and having fun every day.