



## “Guess My Feeling” Charades

### Description

Students act out emotions by using facial expressions and body language while classmates identify the feeling.

### Purpose

This activity focuses on skills such as nonverbal communication, emotion vocabulary, and social awareness.

### Materials

- Emotion cards (attached)
- Basket or bin

Optional: Scenario cards for older students (attached)

### Set-Up

1. Review emotion vocabulary (see emotion cards for examples) before starting.
2. Model exaggerated facial expressions and body language.
3. Remind students: No talking during acting.

### How To Play

#### Step 1: SLP or SLPA Models Activity (2–3 minutes)

Act out an emotion silently.

Ask students:

- What clues did you see?
- Was it my face, body, or both?

Discuss how we “read” feelings.

#### Step 2: Students Take Turns Acting and Guessing (10–15 minutes)

- One student draws an emotion card.
- They act it out without speaking.
- Classmates raise hands to guess.
- The actor confirms the correct answer.

After each round, briefly discuss:

- What clues helped you guess?
- Did anyone see something different?

## **Add a Challenge (for older grades)**

### **Scenario Charades**

Give students a situation instead of just a feeling (use scenario cards attached).

Students must show both the situation and the emotion.

### **Reflection Questions**

- Why is body language important?
- Can someone look calm but feel nervous?
- What should we do if we're unsure about how someone feels?
- How can we show we care when someone is upset?