

## Strategy Spotlight Sheet: Imitating Your Child

### What It Is

*Imitating your child* means copying what they do—sounds, gestures, facial expressions, or actions—during play or daily routines.

### Why It Helps

When you imitate your child, it shows that you're tuned in and interested. This encourages connection, helps your child feel understood, and supports back-and-forth interaction—a key part of early communication development.

### Try It Out

- If your child bangs a spoon on the table, bang yours too.
- If your child makes a silly sound or face, do the same thing back.
- When your child claps, spins, or jumps—join in with your own version.

### Next Steps

- Notice how your child responds when you imitate them—do they smile, repeat the action, or try something new?
- Try imitating your child during moments of play, caregiving, or transitions.
- Talk with your SLP, who can tell you about how imitation helps with turn-taking and building early language.

### Notes:

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