

Mini Guide: Going Outside

Common Opportunities in This Routine

- Introducing new words such as descriptors (e.g., “big bug” and “hard rock”)
- Following directions
- Naming what you see

Strategy Ideas

- Point while you name what you see.
- Describe what your child is doing (e.g., “You climbed out of the stroller.”).
- Model curiosity (e.g., “Where did the bird go?” or “Did you hear that?”).

Tips for Making It Fun

- Go on a nature hunt.
- Sing while walking.
- Play chase games.

What To Watch For

- Does your child show any interest in their surroundings?
- Are they attempting to label what they see?
- Are they using gestures such as pointing?

Notes:
