

Mini Guide: Diapering

Common Opportunities in This Routine

- Having a predictable routine
- Being aware of body parts
- Engaging in shared attention

Strategy Ideas

- Talk about the steps you are taking as you change their diaper.
- Name body parts with your child.

Tips for Making It Fun

- Play peek-a-boo.
- Make funny faces.
- Sing a short song.

What To Watch For

- Does your child anticipate the steps?
- Do they use vocalizations or gestures?
- Do they attempt to say words with you?

Notes:
