

Mini Guide: Bath Time

Common Opportunities in This Routine

- Naming body parts
- Following directions
- Requesting toys

Strategy Ideas

- Narrate the steps involved with bathing while your child is doing them.
- Use gestures and signs paired with words like “hot,” “cold,” “on,” “off.”
- Name body parts (“head,” “toes”), and label actions (“pour,” “splash”).

Tips for Making It Fun

- Sing songs like “Head, Shoulders, Knees, and Toes.”
- Play with bubbles.
- Splash together.

What To Watch For

- Does your child give you a turn?
- Does your child respond when you sing?
- What is their reaction to a familiar routine?

Notes:
