Introduction

The importance of focusing on attitudinal and emotional factors of stuttering has increasingly been included as part of stuttering therapy for adult clients. Such treatment may include discussion of self-acceptance, self-disclosure, and engagement in pseudostuttering as a desensitization technique. In spite of these practices, there is limited empirical research on the psychological effect of pseudostuttering as "passive disclosure" by people who stutter (PWS). Furthermore, while there are numerous studies reporting the impacts of pseudostuttering tasks assigned to SLP students (Klinger, 1987; Rami, et al., 2003; Klein, et al., 2006; Reitzes, 2007), there is a paucity of studies on Pseudostuttering as a therapeutic desensitization tool reported by PWS.

Method


Participants

4) Adult male who stutter (age range between 22-31 years old), with no experience with and/or little knowledge about pseudostuttering.

Control Group

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Experiential/Condition/Situation

- A. Conversation:
  - Condition #1: Pre-pseudostuttering
  - Condition #2: Post-pseudostuttering

- B. Reading:
  - Condition #1: Pre-pseudostuttering
  - Condition #2: Post-pseudostuttering

- C. Conversation:
  - D. Reading:
    - Condition #3: Before and after (week #1)

- Telephone support:
  - Participants were given a chance to use pseudostuttering to talk with the first author over the phone.

Data Collection

- A. Conversation
- B. Reading
- C. Conversation
- D. Reading

Data Analysis

- A. Conversation
- B. Reading
- C. Conversation
- D. Reading

Results

- A. Conversation
- B. Reading
- C. Conversation
- D. Reading

Discussion

- What are the effects of pseudostuttering on the PWS self-concept?
- How does pseudostuttering affect their interaction with listeners?
- What are the implications of the findings for the treatment of stuttering?