What are person-centered functional goals?
• Goals identified by the client, in partnership with the clinician and family, that allow participation in meaningful activities and roles

Why target person-centered functional goals?
• To maximize outcomes that lead to functional improvements that are important to the individual
• To optimize the individual’s potential to participate in meaningful activities
• To facilitate a partnership that ensures the individual and family have a voice in the care received and outcomes achieved
• To demonstrate to the payers the value of skilled services

What is the ICF, and how does it help?
The International Classification of Functioning, Disability and Health (ICF)—developed by the World Health Organization (WHO)—is a framework to address functioning and disability related to a health condition within the context of the individual’s activities and participation in everyday life.

ICF: International Classification of Functioning, Disability and Health

Health Condition disorder or disease that informs predicted comorbidities and prognosis

Body Functions and Structures anatomical parts and their physiological functions

Activities and Participation execution of tasks or involvement in life situations

Environmental and Personal Factors physical, social, attitudinal, and environmental factors and factors within the individual’s life

Additional Resources: asha.org/slp/icf/ • who.int/classifications/icf/en/
## Person-Centered Focus on Function: Aphasia

### Case study: Mr. L

### Health Condition: Broca’s aphasia post-CVA

#### Assessment Data

<table>
<thead>
<tr>
<th>Body Functions and Structures</th>
<th>Activities and Participation (ALA-2, interview)</th>
<th>Environmental and Personal Factors (CCRSA, interview)</th>
</tr>
</thead>
<tbody>
<tr>
<td><em><em>Spoken Language Function (WAB-R</em>)</em>*</td>
<td><strong>Reduced participation in activities outside of the home (e.g., viewing or participating in sports)</strong></td>
<td><strong>Age:</strong> 64&lt;br&gt;<strong>Comorbid chronic health conditions:</strong> right hemiparesis, hypertension&lt;br&gt;<strong>High level of motivation</strong>&lt;br&gt;<strong>Desire for greater independence in social interactions</strong>&lt;br&gt;<strong>Reduced confidence in communication with familiar and unfamiliar speakers</strong>&lt;br&gt;<strong>Supportive family &amp; friends</strong></td>
</tr>
<tr>
<td>• Aphasia quotient: 67.8&lt;br&gt;• Naming: 37/60&lt;br&gt;• Word fluency: 5/20 (1- to 2-word utterances)&lt;br&gt;• Sentence comprehension: 5/10&lt;br&gt;• Responsive speech: 3/10&lt;br&gt;• Word finding: 50/100</td>
<td>• Difficulty engaging in preferred reading activities (e.g., reading novels or newspapers)&lt;br&gt;• Increased withdrawal from social interaction&lt;br&gt;• Wife reports difficulty understanding his attempts to communicate needs at home</td>
<td></td>
</tr>
<tr>
<td><strong>Reading comprehension (non-standardized assessment)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Words: 80%&lt;br&gt;• Sentences: 60%&lt;br&gt;• Paragraphs: 50%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Clinical Reasoning

**What impairments most affect function in the current setting or at discharge, based on clinician assessment & the individual's self-report?**

**What activities are most important to the individual in the current or discharge setting?**

**What personal/environmental characteristics help or hinder participation in activities or situations in the current or discharge setting?**

#### Goal Setting

**Long-Term Goal:**

Mr. L will use functional communication skills for social interactions (e.g., greetings, social etiquette, and short questions/simple sentences) with both familiar and unfamiliar partners with 90% success.

**Short-Term Goals:**

- Mr. L will formulate 3-word utterances to communicate daily needs in response to pictures with 75% accuracy with minimal cues.
- Mr. L will increase the use of strategies for effective repair of misunderstandings during conversations 80% of the time with minimal cues.
- Mr. L will demonstrate reading comprehension of 5-sentence paragraphs with 80% accuracy with minimal cues.
- Mrs. L’s skill in supporting conversation with her husband with aphasia will improve as rated on the MSC (Measure of Skill in Supported Conversation, Kagan et al., 2004).

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*WAB-R: Western Aphasia Battery—Revised (Kertesz, 2006)*<br>*ALA-2: Assessment for Living with Aphasia – 2nd edition (Kagan et al., 2007)*<br>*CCRSA: Communication Confidence Rating Scale for Aphasia (Babbitt, Heinemann, Semik, & Cherney, 2011)*

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For clinical and documentation questions, contact healthservices@asha.org. The interpretation of ICF and examples above are consensus based and provided as a resource for members of the American Speech-Language-Hearing Association.